

ST FRANCIS OF ASSISI WEST WICKHAM PARISH MAGAZINE



June/July 2022

50 pence

THE CHURCH OF ST FRANCIS OF ASSISI
RAVENSWOOD AVENUE
WEST WICKHAM KENT BR4 0PW

Church Website: www.stfranciswestwickham.co.uk

 www.facebook.com/StFofA

Vicar:	The Revd Hazel O'Sullivan The Vicarage, The Avenue, West Wickham, BR4 0DX email: hazelos58@gmail.com <i>Day off: Monday</i>	8777 5034
Assistant Priest:	The Rev Richard Ford email: richard.ford73@ntlworld.com	8289 2432
Reader:	Brian Griffiths	8777 6112
SPA [Pastoral Auxiliaries]:	Lesley East Rowena Griffiths	8289 1483 8777 6112

Church Directory

Churchwardens:	Barry Burford Kate Dyer katedyer41@hotmail.com	8777 2034
Secretary:	Nicky Nightingale email: nicholanightingale@hotmail.co.uk	8916 9855
Treasurer:	David Wada email: stfranciswwtreasurer@gmail.com	8777 6355
Director of Music:	Geoff Mussard	8650 8389
Parish Safeguarding Officer:	Kim Teare kim_teare@hotmail.com	
Magazine - Content:	Vacant	
Magazine – Distribution:	Nicky Nightingale	8916 9855
Library:	Sarah Coverdale	8777 0130
Bible Reading Fellowship:	Lesley East	8289 1483

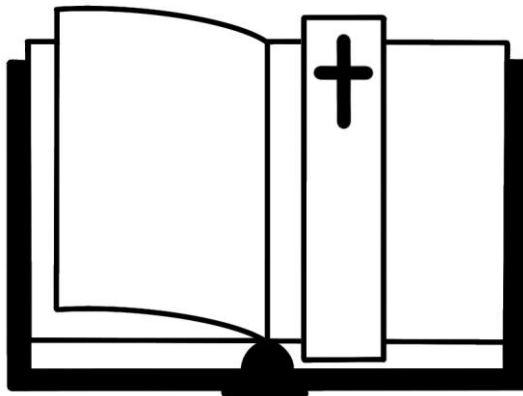
REGULAR SERVICES

SUNDAY

- 8.00 am Holy Communion**
1st Sunday varies - See calendar for details
3rd & 5th Sundays at St Mary's Church, The Avenue
2nd & 4th Sundays at St Francis' Church
- 10.45 am Parish Communion**
Activities for younger children (aged 3+) and crèche facilities in church
- 10.45 am 2nd Sunday – Worship for All Ages**
(non–Eucharistic)
- 10.00 am First Sunday – Joint Family Communion**
with St Mary's, held alternately at each church
See calendar for details

WEDNESDAY

- 9.30 am Morning Prayer**
10.30
– 11.30am Church open for quiet and prayer



CALENDAR FOR JUNE

Sunday 5th

PENTECOST

8.00 a.m.

Holy Communion at St. Francis
Richard Ford

10.00 a.m.

Joint Service at St. Mary's
Hazel O'Sullivan/Richard Ford

3.00 p.m.

St Francis' Jubilee Courtyard Event

6.00 p.m.

CTWW Service at St. Francis
Hazel O'Sullivan/Ian Hamlin

Friday 10th

3.45 p.m.

Messy Church at St. Mary's
Messy Church Team

Sunday 12th

TRINITY SUNDAY

8.00 a.m.

Holy Communion at St. Francis
Hazel O'Sullivan

9.15 a.m.

Morning Praise at St. Mary's
Hazel O'Sullivan/Ken Bryan

10.45 a.m.

Worship for all Ages at St. Francis
Hazel O'Sullivan

Sunday 19th

8.00 a.m.

1ST SUNDAY AFTER TRINITY

Holy Communion at St. Mary's
Richard Ford/Ken Bryan

9.15 a.m.

Holy Communion at St. Mary's
Hazel O'Sullivan/Ken Bryan

10.45 a.m.

Holy Communion at St. Francis
Richard Ford/Ken Bryan

Saturday 25th

11.00 a.m.

St. Mary's Garden Party

Sunday 26th

8.00 a.m.

2ND SUNDAY AFTER TRINITY

Holy Communion at St. Mary's
Hazel O'Sullivan

9.15 a.m.

Holy Communion at St. Mary's
Hazel O'Sullivan

10.45 a.m.

Holy Communion at St. Francis
Hazel O'Sullivan



CALENDAR FOR JULY

Sunday 3rd

8.00 a.m.

ST. THOMAS

Holy Communion at St. Mary's
Hilary Fife

10.00 a.m.

Joint Service at St. Francis
Richard Ford

Thursday 7th – Saturday 9th

Matchbox performances at St. Francis

Friday 8th

Messy Church at St. Mary's
Messy Church Team

Saturday 9th & Sunday 10th Festival of Visual Arts

Sunday 10th

8.00 a.m.

4TH SUNDAY AFTER TRINITY

Holy Communion at St. Francis
Hazel O'Sullivan

9.15 a.m.

Morning Praise at St. Mary's
Hazel O'Sullivan/Ken Bryan

10.45 a.m.

Worship all Ages at St. Francis
Hazel O'Sullivan

Sunday 17th

8.00 a.m.

5TH SUNDAY AFTER TRINITY

Holy Communion at St. Marys
Hazel O'Sullivan

9.15 a.m.

Holy Communion at St. Marys
Hazel O'Sullivan

10.45 a.m.

Holy Communion at St. Francis
Hazel O'Sullivan

3.00 p.m.

Healing Service at St. Mary's
Hazel O'Sullivan/Rowena Griffiths

Sunday 24th 6TH SUNDAY AFTER TRINITY

8.00 a.m. Holy Communion at St. Francis
Hazel O'Sullivan

9.15 a.m. Holy Communion at St. Mary's
Hazel O'Sullivan

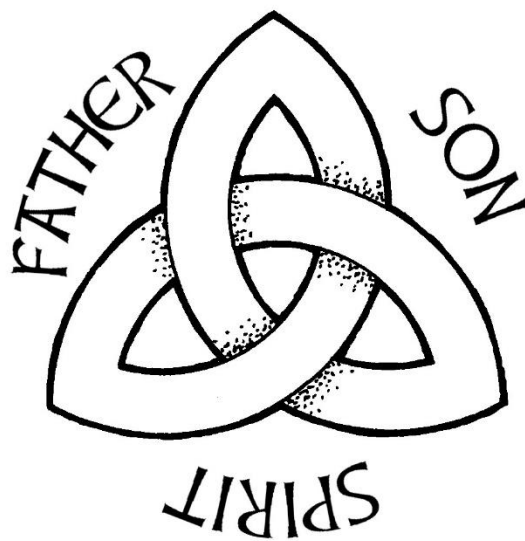
10.45 a.m. Holy Communion at St. Francis
Hazel O'Sullivan

Sunday 31st 7TH SUNDAY AFTER TRINITY

8.00 a.m. Holy Communion at St. Mary's
Richard Ford/Ken Bryan

9.15 a.m. Holy Communion at St. Mary's
Richard Ford/Ken Bryan

10.45 a.m. Holy Communion at St. Francis
Richard Ford/Ken Bryan



On-line and paper-based resources for worship at home will continue to be circulated each week in addition to services taking place in person. At the current time, services are planned in the church building and on-line, but this is subject to change. Please check the weekly pew sheet for up-to-date information on times and location.

LETTER FROM HAZEL

Dear friends,

I am writing this in Mental Health Awareness Week and the Duke and Duchess of Cambridge are championing the Mental Health Minute when everyone is encouraged to support those around them with acts as simple as sending them a text or inviting them for a cup of tea.

This got me thinking how such actions are what Christians will do naturally if they follow Jesus. Is this why there is such a problem in mental health – because we have become a much more secular society? Maybe the current problems are not a sign of broken individuals, but of a broken society. Two in three people will experience a mental health problem at some point in their life and yet it is still not something that's readily discussed because there is a sense that we should maintain a secrecy about such problems. That's a lot of secrets.

In July we will be hosting a Weekend of Visual Art, as part of an on-going Festival of Art, exploring how different types of art can help in maintaining good mental health. As an introduction to this festival, we have a couple of events, including a showing of a film, "Inside Out", which has a particular scene that illustrates how having someone who listens to you can be beneficial in making us feel better. This is what God offers to us in prayer. We know that he will listen to us and will give us an answer: maybe not the answer we were first thinking of, but an answer, nevertheless.

When Jesus was feeling stressed and maybe a bit anxious about what was happening in his life, he went off to pray. For example, shortly after healing many who were sick or possessed by demons, Jesus 'went out to a deserted place and there he prayed' (Mark 1:35).

For Jesus, prayer involved going to a quiet place (church buildings can provide an excellent example of such a place), recognising God's presence there and 'talking' to him. For us, this talk could be verbally - in writing - or through pictures, it could be through thoughts in our heads, or many other ways in which we might express our emotions. Arts can help in this expression, and this is what we'll be exploring in our upcoming festival weekends.

As well as raising awareness of mental health issues and how to manage or prevent them through art (in prayer or in other ways), we will also be raising money for Mind and Bethlem Gallery, both local mental health charities who understand the stresses of life today and how these can lead to mental health issues.

Hazel

DATES FOR YOUR DIARY

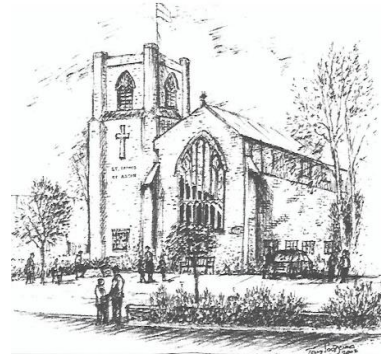
June

On **Friday 3rd June**, The Avenue Street Party is happening outside St Mary's church. Please bring your own picnic lunch (or buy from the street vendors) and meet some of our neighbours. There will be an acapella group singing in the church at around 2.30pm and lots of games for children.

St. Francis'

& Churches Together
in West Wickham

Welcome you to a:



Live Open Air
St Francis Courtyard Event
for the
Queen's Platinum Jubilee

Special Guests:

The Whiskey Sours

A harmonising vintage duo performing songs fit for the Queen from
across the decades

followed by

a 'Songs of Praise' style
Celebration of Pentecost

Sunday 5th June

Bar & Refreshments from 3.00pm.

Whiskey Sours 4.00pm

Service: 6.15pm

Free admission

ROAR

St. Francis' Church, Ravenswood Avenue, West Wickham BR4 0PW

Deanery Pilgrimage 2022

On **Saturday 11th June** there will be a deanery pilgrimage, walking between the ten churches in Croydon Addington Deanery and pausing to pray in each one. I hope that some from our two churches will join in for at least part of the way or to be present in your church when the group arrives. With public transport alternatives, you could visit all or many of the churches without necessarily walking the entire route!

When walking a pilgrimage, you can change conversation partners as you go along and sometimes you might walk in companionable silence, so it will be an opportunity to get to know others better and to reflect on the way in which churches bless us and how we can be a blessing to the communities they serve.

Please feel free to join anywhere on the route - we will stop for at least 10 minutes in each church, with prayers on the way. There will be time to share in communion and to eat your own picnic lunch at St Francis', West Wickham. Estimated timings for the day are as follows:

- 8am – 8.30am Breakfast available at St Mary the Blessed Virgin, Addington
- 9.35am Arrive at St John's Shirley
- 10.30am Arrive at St George's Shirley
- 11.20am Arrive at All Saints Spring Park
- 12.30pm Arrive at St Mary of Nazareth, West Wickham
- 1pm Arrive at St Francis' West Wickham
- 2.35pm Arrive at St John's West Wickham
- 4pm Arrive at St Edward's New Addington

- 5.40pm Arrive at St John the Divine, Selsdon
- 6.25 pm Arrive at St Francis' Monks Hill
- 7.15pm Arrive at St Mary the Blessed Virgin, Addington for well-earned refreshments.

If you want any more information, do ask Hazel. Bring a picnic lunch and don't forget to have plenty of water!

Mental Health Awareness

On **Wednesday 15th June** at 7.30pm we are hosting a meeting on Zoom where the Head of Services for our local MIND branch will be telling us about what the charity does to help people with mental health problems and what the impact of Covid has been on those services.

Lunchtime Concerts at St Francis

Our new season of Lunchtime concerts at St. Francis have started, with some musicians visiting us for the first time as well as some returning by popular request. Our season opened with Jacqueline Turner bringing a varied programme of songs. Future dates for you to note are as follows:

- 16th June, when the Sharpe Trio of violin, viola and piano will play for us;
- 21st July, when Arnaldo Cogorno, piano and Sofia, soprano, who are new to us will be performing;
- 18th August, for the first time for us Orchestra Nouveau will be here with their conductor Felicity Cliffe;

- 22nd September the students from Langley Park schools will perform, accompanied by their director of music David Bullen.

All concerts are on Thursdays from 12.45 to 1.30; admission is free, and you are welcome to bring your lunch, tea and coffee will be available. Do come along and bring a friend!

St Mary's Summer Garden Party and BBQ

On **Saturday 25th June** from 11am to 3pm St Mary's are holding their annual Garden Party with a bouncy castle, games, a plant stall, home made cakes and light refreshments. The BBQ will start at 12noon and run until 2pm.

July

Festival of Visual Arts

Saturday 9th Sunday 10th

See poster on following page for more details

Healing and Wholeness service

There will be a Healing Service held at St Mary's Church on **Sunday 17th July** at 3pm: an opportunity to receive anointing and laying on of hands and prayer for healing.

St. Francis' & St. Mary's

United Benefice Churches in West Wickham

Welcome you to a:

Festival of Arts



Well-being through the Arts

Friday 8th & Saturday 9th July

Enjoy visual and interactive displays from local societies



Pottery



Woodcraft



Painting



Photography



Floral

and appreciate their impact on mental health and well-being

St. Francis'

Ravenswood Avenue

Friday 8th: 11am – 5pm

Saturday 9th: 10am – 5pm

St. Mary's

The Avenue

Saturday 9th: 10am – 5pm

**FREE
ADMISSION**

Refreshments available throughout the day



for better mental health

All profits to MIND and Bethlem Art Gallery

Bethlem
Gallery

June

**5th
Pentecost** Lord God, pour out your Spirit on us and set us on fire with love for you, that we may show out the gifts of Pentecost: -Love, Joy and Peace.

**11th
St. Barnabas** Pray for those who travel the world to spread the Christian faith.

**12th
Trinity** Praise the Lord who has revealed himself as Father, Son, and Holy Spirit.

**24th
Birth of John the Baptist** Lord, help us like John, to bear witness to you and your coming Kingdom.

**29th
SS Peter and Paul** Pray that like Saint Peter and Saint Paul, we may have the qualities of faith, courage and devotion, as we serve God.

A Blessing for Pentecost and after

May the Spirit who hovered over the waters when the world was created, breathe into us the life He gives.

May the Spirit, who overshadowed the Virgin Mary when the eternal Son came among us, make us joyful in the service of the Lord.

May the Spirit, who set the Church on fire on the day of Pentecost, bring the world alive with the love of the risen Christ.

And the blessing of God Almighty, the Father, the Son, and the Holy Spirit be upon us and remain with us always. **Amen**

FOCUS

July

3rd When we don't know, help us to trust. When we
St. Thomas can't see ahead, help us keep going.

22nd May we also proclaim the Good News that JESUS IS
St. Mary Magdalene ALIVE!

25th Pray that we both listen and be obedient to Christ's
St. James calling to us.

29th Let us be as quick to spend time at Christ's feet as
Martha and Mary we are to actively serve him.

A Suffering World and Effects of War

God of love, whose compassion never fails; we bring before you the
griefs and perils of peoples and nations:-

- ✠ The necessities of the homeless; the helplessness of
the aged and weak;
- ✠ The sighing's of prisoners, the pains of the sick and
injured;
- ✠ The sorrow of the bereaved.
- ✠ Give comfort, O Lord to all who are torn away from
their homes and their loved ones by way of the cruelty of their
fellows.
- ✠ Grant that we who live secure in this insecure world
may be generous in caring for our displaced sisters and
brothers. We ask in the name of Jesus our Lord. **Amen**

(Parts of the above prayer were based on one of St. Anselm who was Archbishop of Canterbury from 1093-1109.)

How I Relax – Scroll Saw Woodwork

One of the big steps in my recovery from major surgery in December has been getting back to making wooden items using my scroll saw. Many of you will be familiar with the items I have made and sold in the last few years to raise funds for St Francis' and St Mary's. I also had a stall at St John's Autumn Fair to raise money for the Teenage Cancer Trust in memory of Helen Shingler.

Scroll saw woodwork (also known as 'fretwork') has been practiced for centuries – indeed Thomas Chippendale incorporated fretwork features into a lot of his fine furniture. Often, early fretwork was carved into the wood. However, in the 1800's very fine, narrow saw blades were invented and soon hand fretsaws were developed to hold the blades in a tensioned frame so it became easier to produce delicate work. I have a hand fretsaw that I use to cut very fine interior cuts in some projects.

It was only a matter of time before powered fretsaws came on the market. My dad had a 'Hobbies' treadle saw which was operated in the same way as a treadle sewing machine. He loved working with wood and taught me how to cut the intricate shapes used in fretwork and, to this day, every time I work at my machine, I think of him. He went to wood carving classes, and I

have his very special carvings of Welsh Love Spoons on the walls and windowsills in our home. There is a large community of fretwork artists in the USA where the craft is known as scroll saw work. Most of the designs for the work I produce are sourced from American craftsmen who willingly share their project plans on the internet. Many of these plans are free to download and work on.

So, how are the items produced? After printing out the design on the computer, I use painters' tape to cover the piece of wood I am working on as this makes it very easy to remove the pattern after all the cuts have been made. An adhesive is then used to attach the pattern onto the tape. I usually use 'Pritt Stick' for this. The vast majority of the wood I use is 'upcycled' – it comes from construction sites and would have been thrown in the skip were it not for my youngest son who persuades the carpentry foreman to let him fill his car with offcuts for his dad. The internal cuts must always be made first, so the first step is to drill very fine holes so that the blade can be inserted before the cut is started. When cutting the technique is to 'let the saw do the work' – not cutting too fast and not putting a lot of pressure on the piece especially when cutting corners and making sharp turns. Often a project will require over 50 holes to be drilled for the internal cuts – which some would find completely tedious, but, actually, I find quite addictive.

Finally, the outside of the project is cut, the tape and pattern peeled off, and the wood is then sanded using progressively fine grits. A backer board of stiff coloured board from an art supplies

shop or thin stained wood can be applied with glue to make the design stand out. Commonly, the wood used for scroll saw work is very thin – it can be 6mm in thickness – so a base for the project needs to be made. I often use my powered router for creating a snug groove in the base that the item sits in.

I find the whole process very relaxing and mindful. Time flies when I am working away and it is possible to lose myself in the work as you have to concentrate on following the pattern lines with the blade. That's why it's been a real step forward in my convalescence. If I didn't have my hobby, there would be a big gap in my life. I often think about how the money raised will be used and the story behind the design when I am working away on my machine – especially when the item I am producing is biblically based. For instance, I have produced some crosses that tell the Christmas story in the piece. It reminded me that we can't read the Christmas narrative without the cross in the background. Christmas and Easter are forever intertwined.

In the last few weeks since I have started working on projects again, I have made a small nativity scene with angels to a new design, a Formula 1 racing car (already sold to someone as a gift to a 'petrolhead'!) and a lovely model of the resurrection with Jesus standing by the rolled away stone. I have two really large boxes full of completed work ready to sell including sports items, kitchen items, 'welcome' signs, bird nesting boxes and pet silhouettes. For some reason, anything connected with cats and dogs sells really well! In the near future, I will produce a catalogue of the completed work as I did in 2020. This will be available digitally as well as hardcopy for those not on the

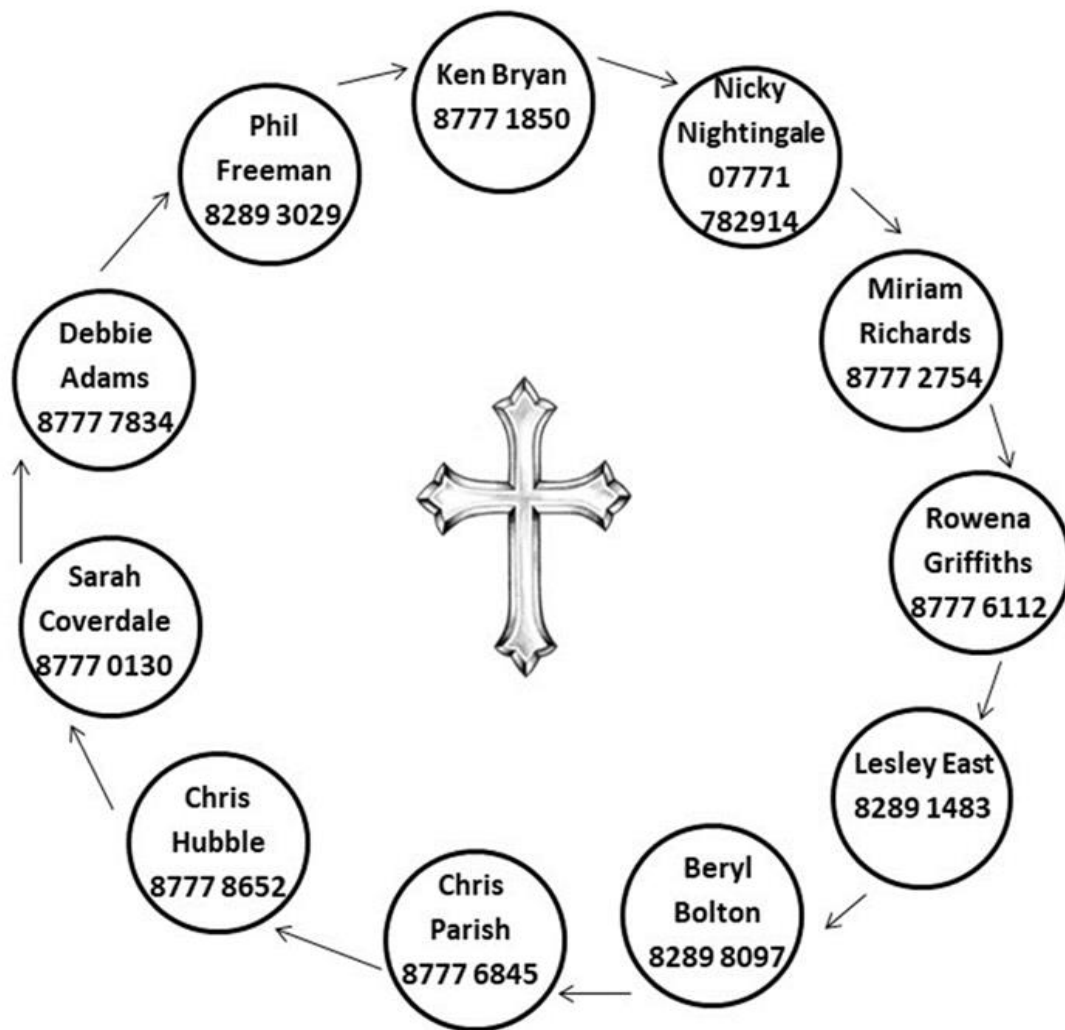
internet. All the proceeds from the sales will be donated to Macmillan Cancer Support as the Macmillan Nurses have been such a great resource to so many dealing with cancer surgery and treatment.

Brian Griffiths

St Francis and St Mary's Prayer Chain

Many people find they are given strength and peace of mind when they know that they, or their loved ones, are being prayed for. And the more people who are praying for someone, the better!

If you would like prayer for yourself, please call anyone on the chain below and they will pass a message on around the circle. If you like a name added to the intercessions list in our services, (which will be on-line as well as in-person) please state this when you make contact.



The Movement for Recovery London

The various restrictions imposed when the Covid 19 pandemic was at its height, especially lockdown, have since been shown to have had a significant impact on people's wellbeing and mental health. A few weeks ago, I received an invitation to join the online launch of Movement for Recovery London, a project backed by both the Deputy Mayor of London, Debbie Weekes-Barnard, and the Bishop of London, The Rt Revd and Rt Hon Dame Sarah Mullally, who both spoke at the launch.

The Movement for Recovery London is backing different approaches to supporting those with mental health problems, a couple of which

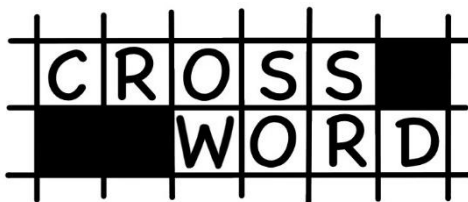
might be of interest to readers, one of which is the Listening Bench. The idea is to have a community bench that helps combat loneliness and isolation. The organisers are aiming to set up 50 benches across London as part of Movement for Recovery London and are particularly looking for churches that already have a bench outside! Interested churches will be offered some training in how to conduct conversations on the subject of mental health with those who use the bench.

Another approach is aimed at preventing suicide, offering suicide prevention training that you can undertake online. The organisers claim that it only takes 20 minutes, although I spent more like an hour on it, but it was an hour well spent. The material is aimed at lay people with no formal training who might find themselves in conversation with someone who is a potential suicide. So you are guided through three scenarios: a taxi driver who notices that his passenger is clearly upset; a work colleague who is concerned about one of her fellows who appears depressed; and a parent who is concerned about their child away at university. The video takes you through how to broach the subject of suicide, the importance of doing this and how to follow this up and how not to. For example, I learned that it's totally inappropriate to suggest to someone that they shouldn't commit suicide because of the impact it would have on those around them, because that will only make them feel more guilty and worthless. It's a course I would thoroughly recommend and could be part of a men's or women's group or home group meeting, say. If you fancy trying it for yourself, you can access it here: [Free online training from Zero Suicide Alliance](#).

The Movement for Recovery London would love to see many more Christians across the capital equipped to help people in their communities who may be in crisis. How about you?

If you would like to follow up any of this, do get in touch with me:
email richard.ford73@ntlworld.com ; phone 020 8289 2432.

Richard



Symbiosia

Where fun meets care in nature

In May, Hazel met with Esther Wiskerke, founder of a Community Interest Company, Symbiosia, which has a vision for combining fun with care and nature. Here's a summary of that vision.

We all like to grow old in our own home, but sometimes nursing

ACROSS: 1, Wickedness. 7, Harpist. 8, Teach. 10, Side. 11, Impostor. 13, Encamp. 15, Saddle. 17, Ignorant. 18, Tent. 21, Grass. 22, Olivier. 23, Wrongdoers.

DOWN: 1, World. 2, Crib. 3, Entomb. 4, National. 5, Started. 6, Whispering. 9, Harvesters. 12, Imprison. 14, Centaur. 16, Unload. 19, Evils, 20, Give.

home admission is unavoidable. Some homes have nice gardens, but the buildings themselves are not environmentally friendly, and people may worry about a focus on finances rather than resident and staff wellbeing. Our society does not see nursing homes as places for generations to come together or for fun.

Symbiosia's vision is to change this, by offering wellbeing for residents at an affordable rate in a financially and environmentally sustainable setting, with amenities and activities that are



attractive to non-resident guests in the same place.

An ecologically constructed and operated nursing/care home will be surrounded by an Eco Park, open to people with dementia, their relatives, the public, schools, youth organisations, and other stakeholders. It will include fun elements (e.g., a zipwire, climbing wall) and other leisure activities that will attract visitors and create an uplifting atmosphere. These will also generate revenue to subsidise the cost of nursing home provision.

Residents will feel part of a community environment rather than segregated from society. Residents' rooms will look out onto nature. An indoor atrium might include: a childcare centre;

shops, such as a hairdresser's; a games room; a café. A kitchen garden, vertical farming built into the structure, a robotic laundry/waste system and other clean-tech innovations will be explored as ways of supporting Symbiosia's financial and environmental guiding principles.

This holistic approach aims to:

- 1) improve the quality of UK nursing home provision and their environmental impact,
- 2) reduce turnover of staff in care homes,
- 3) increase the connection between generations,
- 4) promote wellbeing in care home layouts,
- 5) reduce the stigma associated with living in a care/nursing home, and
- 6) make social care financially sustainable.

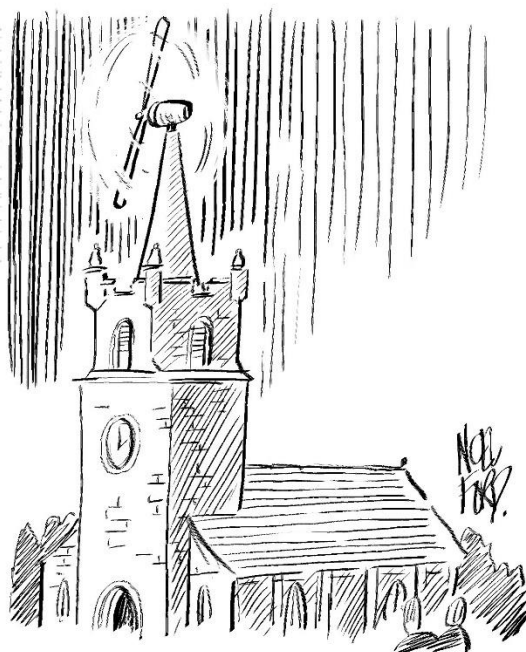
Esther Wiskerke, has worked with people living with dementia and their relatives and has already attracted professionals from multiple sectors (architects, engineers, project manager, financial modeller, solicitor, various specialist consultants, students, etc.) who provide pro-bono support.

We have arranged two events in Sydenham, which will pilot aspects of the vision. If you know of someone living with dementia who may benefit from our events, please do get in touch.

If what you read here inspires you, we invite you to help to make it happen: spread the word, sign up to the newsletter, connect

with us on social media, attend our events or volunteer with us. As a start-up, we are also fundraising.

All details can be found via <https://linktr.ee/symbiosia> or contact Esther direct: esther@symbiosia.org.uk or 07458034756.



"It's not as picturesque as the old steeple but it's saving a fortune in electricity bills!"

ST FRANCIS IN THE DIGITAL AGE

Did you know that St Francis has two websites, a YouTube channel (which we share with St Mary's) and a Facebook page? Our main website is at <https://www.stfranciswestwickham.co.uk/>. We also have a presence on the main Church of England website 'A Church Near You' which you can access at <https://www.achurchnearyou.com/church/880/>. Both websites provide comprehensive details about parish events and service

calendars and are visited many times each month. Usually, our main website gets between 20,000 and 60,000 page views each month. The record was achieved during lockdown in May 2020 when the site registered 147,750 page views that month alone. Our site on 'A Church Near You' gets less visitors, but, nevertheless, 17,220 views have been recorded since the beginning of 2022.

So, what useful information is available for the world to see on our sites?

- A calendar of all services and events.
- Current events are listed on the front page of the main site with details of when and where the next Sunday's services are being held.
- A full directory of 'Who's Who' in our parish
- Details of the history of St Francis in West Wickham
- Video recordings of services can be found under 'online services' on our main site. Most recorded services since 2020 can be found here.
- Sunday pew sheets are uploaded for viewing on Saturdays and there is an archive of past sheets
- The digital version of our current Parish Magazine can be found on both sites, together with an archive of previous editions.
- Details of 'life events' such as baptisms, weddings and funerals.
- Information on our uniformed organisations and our Youth Club in the 'Children and Youth' section on the main site.

- Information about concerts and drama productions happening in our church including how to book tickets and links to ticketing websites.
- Links to our local and overseas mission contacts (main site only).
- Comprehensive details of our safeguarding policies and contacts.
- A page on giving to our church including the latest Parish Giving Scheme (main site only)
- A contact form that can be used to make enquiries about church life.

Live-streamed services can be viewed as they happen on our YouTube channel. Simply go to the YouTube website <https://www.youtube.com/> and search for St Francis and St Mary West Wickham.

Our Facebook page can be accessed from both websites and contains a lot of information about services and events happening in the parish and this is usually shared with other local Facebook pages.

For more information about the websites or, if you wish to add an item or event, contact Brian Griffiths (brian.griff19@btinternet.com) and for the Facebook page contact Rowena Griffiths (rowena.griff19@btinternet.com)

Brian Griffiths

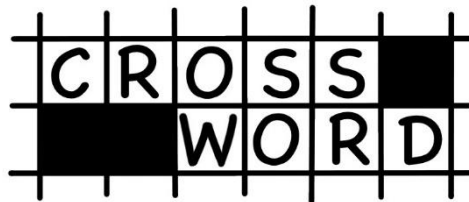
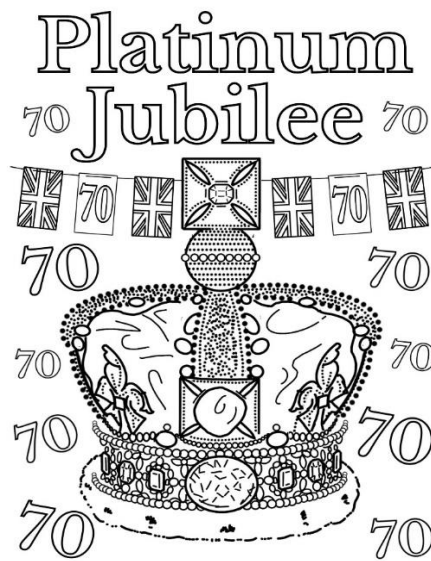


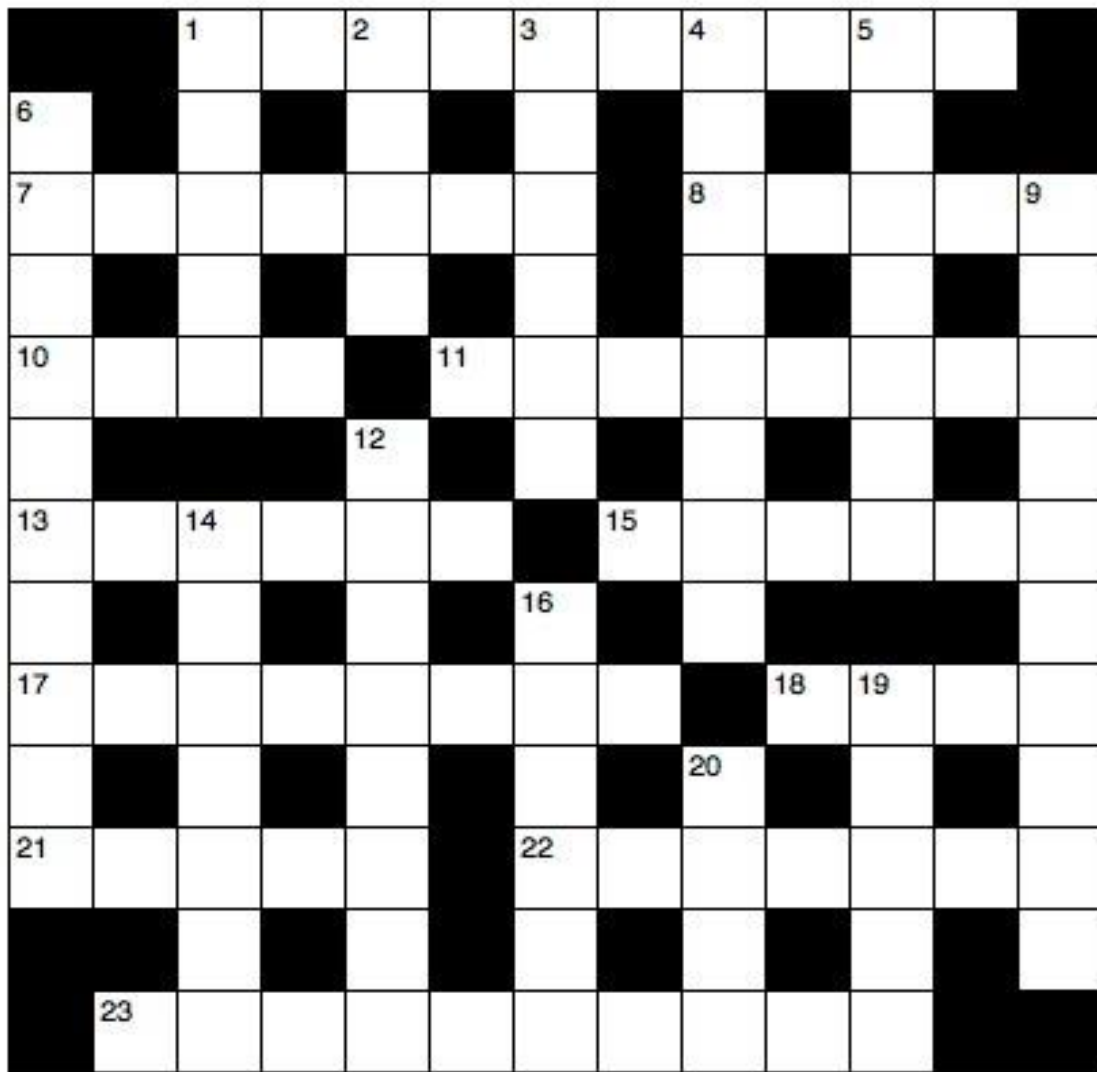
& Maintenance

All types of work undertaken
Also Flat pack assembly
No job too small

Harry Allen 138 Queen Anne Avenue, Bromley BR2 OSF

020 8402 0156





Across

- 1 Evil (Genesis 6:5) (10)
- 7 Musician called for by Elisha when he met the kings of Israel, Judah and Edom (2 Kings 3:15) (7)
- 8 The request that led to the institution of the Lord's Prayer: 'Lord, — us to pray' (Luke 11:1) (5)
- 10 'We are hard pressed on every—'(2Corinthians4:8)(4)
- 11 Fraud (2Corinthians6:8)(8)
- 13 'His troops advance in force; they build a siege ramp against me and — around my tent' (Job 19:12) (6)
- 15 Where Rachel hid Laban's household gods when he searched his daughter's tent (Genesis 31:34) (6)
- 17 'Now about spiritual gifts, brothers, I do not want you to be—' (1 Corinthians 12:1) (8)
- 18 Nomadic dwelling (Genesis26:25)(4)

- 21 'As for man, his days are like—,he flourishes like a flower of the field' (Psalm 103:15) (5)
 22 Or I live (anag.) (7)
 23 Those guilty of 1 Across (Romans13:4) (10)

Down

- 1 'God so loved the — that he gave his one and only Son' (John 3:16) (5)
 2 'Away in a manger, no — for a bed' (4)
 3 Mob ten (anag.) (6)
 4 'Each — group made its own gods in several towns where they settled' (2 Kings 17:29) (8)
 5 Began (Luke 9:46) (7)
 6 Speaking very softly (John 7:32) (10)
 9 Workers Ruth joined when she arrived in Bethlehem with her mother-in-law Naomi (Ruth 2:3) (10)
 12 Put in jail (Acts22:19) (8)
 14 Aceturn (anag.) (7)
 16 Discharge (Acts21:3) (6)
 19 'All these—come from inside and make a man "unclean"' (Mark 7:23) (5)
 20 'Let us rejoice and be glad and — him glory!'(Revelation19:7)(4)

The NIV bible was used to set the crossword.

Answers on page 20

GROUPS & ACTIVITIES AT ST FRANCIS CHURCH

Not yet returned after Coronavirus restrictions: On Saturday mornings the church is open from 9.00 am to 10.00 am for quiet and prayer. From 10.30 am to 11.30 am refreshments are served and this raises money for Action Aid.

Contact Barbara Goodchild 8777 8782

The Church Halls. Our main large hall is available for hire. There is also a small hall which can be used in conjunction with the main hall at weekends and during school holidays.

Bookings Secretary: Liz Raper 8777 2745

Church Choir. The choir helps to lead the singing at Sunday services. It regularly sings anthems and there are special musical services at festivals. Rehearsals: 7.15 pm – 8.15 pm on Thursdays.

Contact: Geoff Mussard 8650 8389

Men's Group. This meets on the second Monday evening of the month, alternately at St Francis' and St Mary's.

Contact: Tim Shingler 8402 8286

Reading Group. This meets on the second Thursday morning of the month.

Contact Barbara Plummer 8289 3846

Matchbox Theatre. A well-established amateur dramatic society which includes members of St Francis' Church and performs in the church hall, usually three times a year.

Contact Annie Norris 8651 1775

COMMUNITY ACTIVITIES IN THE CHURCH HALL

Cubs

Tuesdays from 6.15 pm to 7.45 pm

Contact Kat Hardman katkahardman@gmail.com

Scouts

Fridays from 7.30 pm to 9.30 pm

Contact Hilary Moy, Group Scout Leader 07961 826814

Ravenswood Women's Institute

Fourth Thursday of the month from 7.45 pm

Contact Barbara Goodchild 8777 8782

West Wickham Market [Stalls & Refreshments]

Fridays from 9.00 am to 1.00 pm 07712 492854

Wednesday Market

From 9.00 am to 1.00 pm 07956 580467

Debbie's Dance

Thursdays from 9.00 am to 10.00 am .. debbiesdanceschool@yahoo.com

Sugar Craft & Cake Decorating

Thursdays at 8.00 pm (Six meetings a year)

Articles and items for the magazine are always welcome.

We are currently looking for a new editor, but if you have any contributions for the next bi-monthly magazine [editions

for Dec/Jan, Feb/March, etc], please contact our vicar, Hazel

by the second Sunday of the month